

# STAFF LATERAL FLOW TESTING QUICK, SAFE AND EASY

## What is rapid lateral flow testing?

Rapid testing is a quick way to test people who do not have symptoms of coronavirus but might still be infectious.

## How do they work?

Rapid testing uses lateral flow tests which uses a swab taken from the nose or throat and can give a result in around 30 minutes.



## Why are they important?

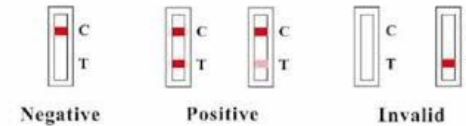
Up to a third of individuals who test positive for COVID-19 have no symptoms at all and can therefore spread it unknowingly. This is why the testing of people without symptoms is vital.

## What does this mean for me?

Staff who live or work in the borough are therefore being encouraged to take twice weekly symptom-free Covid-19 tests to help protect them, their colleagues, their families and our communities in the fight against coronavirus.

**Where can I find further information?** Further details are available in the Council's Staff Rapid Lateral Flow Testing Guidelines (Covid-19) which can be found on porthole, or obtained by contacting your manager or the HR Service.

## What do the results of the test mean?



## If the test result is positive...

You and your household **MUST SELF-ISOLATE AND DO NOT GO INTO WORK**. You may have COVID-19 and you must book a PCR test within 48 hours to confirm the result. Phone your manager and let them know about your test result. As soon as you find out the result of your PCR test, you must also let your manager know.

If the PCR test is positive you and other members of your household must continue to isolate for 10 days.

Your details will be passed to the Public Health Agency Contact Tracing Service who will ring you to discuss your close contacts.

## If the test result is negative...

Go into work as normal **but still adhere to public health guidance around social distancing, face coverings and hand washing.**

## What if I develop COVID symptoms?

If you develop COVID-19 symptoms at any time you should immediately self-isolate and book a PCR test.

The symptoms are:-

A high temperature

OR a new continuous cough

OR a loss or change to your sense of smell or taste.