



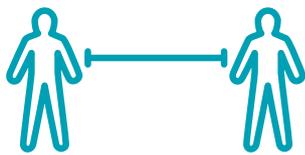
**Respect other users.**



**Follow the operator's guidance.**



**Spend as little time as possible in changing rooms.**



**Maintain appropriate social distance.**



**Do not share equipment.**



**Use hand sanitiser/wash stations wherever made available.**